



# Level 4: Sports Coach Apprenticeship

## PE, Health and Wellbeing

A progression pathway working in a school

### **Ideal if you have substantial experience supporting the delivery of PE in a school setting**

Take your coaching abilities to the next level, including leading more sessions. This is a great next step if you've already completed a Level 3 apprenticeship in sport. Our coaching apprenticeship opens doors beyond just schools, offering opportunities to work in the wider sports industry too.

#### **Progression pathways**

##### **Employed as a Sports Coach in a school setting**

This role allows you to apply everything you've learned studying the apprenticeship, contributing to the school's sports programmes.

##### **Become an unqualified PE Teacher**

Many schools are happy to employ skilled sports coaches in this capacity, allowing you to lead PE lessons and contribute to the physical education of students, under the guidance of qualified staff.

##### **Careers in the Wider Sports Industry: Coach/Manager/Leader**

The skills in coaching, organisation, and leadership you've developed are highly valued across various parts of the UK sports sector.

##### **Sports coach for local clubs**

Manage community sports projects, and take on leadership roles within sports development organisations.

**Become a PE Teacher** you can choose a Teacher Degree Apprenticeship to gain QTS

### **What will I be doing as a Sports Coach apprentice?**

#### **Discover practical, hands-on learning that will develop your coaching skills, including:**

- ★ Delivering high-quality PE lessons that are engaging, inclusive, and aligned with the national curriculum. (A qualified teacher must retain overall responsibility for the lessons)
- ★ Planning and preparing schemes of work to support the development of all students
- ★ Organising and leading sports fixtures, within school and against other schools, promoting teamwork and sportsmanship
- ★ Running extracurricular clubs such as girls' football teams, ultimate frisbee teams, volleyball etc.
- ★ Introducing new sports such as outdoor and adventurous activities, yoga or gymnastics
- ★ Contributing to the wider school ethos by helping to raise the profile of PE across the school and promoting positive attitudes

## What you'll learn

- ★ Develop lesson plans and schemes of work based on measurement of participants' cognitive, physical, social, emotional [whole-child] attributes and psychomotor skills
- ★ Understand how wider environmental factors impact coaching
- ★ Learn how to write a curriculum overview
- ★ Adapt PE lessons to make them more inclusive and meet the needs of children with SEND
- ★ Understand different coaching philosophies

Ofsted  
'Outstanding'  
rated  
apprenticeship  
training  
programmes

## How you'll learn

### Qualification



Level 4 Sports  
Coach  
Apprenticeship

### Study Style



Fortnightly live online  
sessions and termly in-  
person training days  
with other apprentices

### Duration



13 - 15 months plus  
a 1 month  
apprenticeship  
assessment

### Tutoring and Mentoring



Termly tutor visits and  
progress reviews plus  
ongoing support from  
in-school mentor.

### SEND Masterclasses



Learn from SEND experts  
and extend your  
knowledge

## Required Skills, Experience and Qualifications

- **Good with people** - you'll need the ability to build positive relationships with pupils, staff, and parents.
- **Effective communicators** - clear and confident verbal and written communication skills.
- **Team players** - the role needs a good team player who is passionate about supporting learning
- You must have been resident in England for the last three years and have the right to work in the UK.
- Have recently completed A Levels or equivalent BTEC, T Levels or Level 3 Apprenticeship in sport

### For apprentices aged 16-18

- Grade C or above or 4/5 at GCSE in English
- Grade C or above or 4/5 at GCSE in Maths

If you don't meet the above criteria you will need to work towards your Level 2 Functional Skills as part of your apprenticeship.

**Functional Skills Level 2:** An alternative to GCSEs and equivalent to a Grade 4. We can support you if you'd like to gain these qualifications.

**\*To become a PE Teacher:** You'll need GCSEs (grade 4/C+) in English, Maths, and Science for primary, plus a bachelor's degree in any subject. Without a degree, you can choose a Teacher Degree Apprenticeship (Note: A-levels will be required).

## Applying for an apprenticeship

You can apply for an apprenticeship while you're still at school but you'll need to be 16 or over by the end of the summer holidays to start the apprenticeship.

For full details and to apply, visit our website, or contact our Recruitment Team via email at [vacancies@esfapprenticeships.co.uk](mailto:vacancies@esfapprenticeships.co.uk)

